

Feeling Stressed, Anxious, in Pain?

INDIGO BIOFEEDBACK RESEARCH STUDY

Sessions begin June 1 in Louisville

You may qualify to receive one hour biofeedback (or placebo) sessions at no cost each week for 4 weeks on Tuesday/ Thursday evening or Saturdays

PRE-REGISTER TO ATTEND ONE OF THE SCHEDULED INFO MEETINGS: THURS MAY 27th
@ 12pm, 2pm, 4pm, 6pm (or by appt.) To be held at: Energy Events, 1132 W Dillon Dr, Louisville , CO

To be eligible for this study a person must:

- Be experiencing some degree of stress, and/or anxiety
- Have never received therapies using biofeedback in the past
- Not have a pacemaker, active psychosis or epileptic disorders
- Not be pregnant, or a minor
- Be willing to receive one hour biofeedback (or placebo) sessions at no cost, once a week for four weeks on a Tuesday or Thursday evening or Saturday
- Be willing to arrive 15 minutes before scheduled appt to complete pre-session survey and stay 15 minutes after their appt to complete post-session survey and have blood pressure taken twice.

Benefits: Your stress, pain, or anxiety may or may not be reduced. Eligible Participants will receive:

- 50% off coupon will allow participants to receive EPR Indigo biofeedback session for \$75. The typical cost of an EPR Indigo biofeedback session is \$150.
- Participant in the control group will be offered one active session at no cost.
- Blood Pressure, Oxygen and Flexibility Screening at no cost.

*The **INDIGO** biofeedback system is registered with the FDA as a Class 2 Medical Device and qualifies as a medical device that does no harm, it is gentle, non-toxic and non-invasive. This flyer recruits participants for an initial study on the clinical effectiveness of EPR INDIGO BIOFEEDBACK for stress, pain and anxiety that is sponsored by QBAA. **Conducted by:** QBAA 957 Hollow Ct, Allentown PA, 18109 info@qbaa.org*

MORE INFO CONTACT: Ginger Bowler Tel. 303-865-5300